

TAROT DOJO

Course Overview

Tarot offers a mirror to your life through a symbolic map that is at once spiritual and practical. Tarotology is the systematic study of the archetypes and metaphors that make up the Tarot cards.

Tarot brings together ideas from a multitude of fields spanning but not limited to symbology, numerology, archetypes, astrology and psychology.

In this course, you will learn how to use Tarot cards as a medium for self-exploration and intuitive guidance. Practices in the course will enable you to discover and listen more deeply to your own intuitive wisdom.

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Is This Course For You?

This course is for you if you are someone who:

- Seek to learn how to discover, discern and listen deeply and subtly to your own intuitive wisdom.
- Intend to discover and work with patterns that are playing out in your different life spaces (personal, professional, spiritual).
- Love to explore the world of symbols, metaphors and energy.
- Wish to integrate intuitive intelligence into your healing, coaching, counselling practice.

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Pre-requisites

In my experience there is only one requirement for one to learn Tarot. This is beautifully brought out by a Zen story.

Empty Your Cup

A well known professor went to visit a Zen master. As the master gracefully served tea, the professor described his ideas of Zen. The master remained quiet as the professor spoke, continuing to pour.

When the tea reached the brim of the cup, the Zen master kept pouring. The tea overflowed, spilling onto the tray, the table, and the carpet, until the professor could no longer stand it.

“Stop!” he said. “Can’t you see the cup is full?”

“This is you,” said the master, pointing to the cup. “How can I show you Zen, until you first empty your cup?”

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Possibilities

There are no 'takeaways' from this program!

However, there are a host of possibilities of self-discovery and healing that you may get in touch with depending upon the degree of presence and involvement you bring to the sessions and personal practice beyond the sessions.

The scope of how you apply Tarot for self-healing or guidance for yourself and others is very wide and you can be creative about it.

Some of the possibilities that open up with Tarot are:

- Become familiar at using Tarot as a tool for self check-in and intuitive guidance for yourself and others.
- Deepen your listening skills, especially with respect to your emotional-intuitive space.
- "Connect the dots" and discover patterns in life.
- Tap into the wisdom of the Sub-Conscious Mind.

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Course Outline

- **Session 1**
 - Origin story
 - exploring intuition
 - knowing the tarot lens
 - practices for awareness & intuition
- **Session 2**
 - Elements of tarot
 - Structure of tarot
 - Establishing connect to tarot cards
 - Ways to shuffle
 - Recharging tarot cards
- **Session 3**
 - Exploring major arcana
- **Session 4**
 - Exploring minor arcana
- **Session 5**
 - Reading tarot - single, double, triple cards reading spreads - tree of life, celtic, relationship, Yes / no
 - Reversed cards
- **Session 6**
 - Framing questions for tarot
 - Tarot ethics
 - Applying energy chord
 - Applying energy shield
 - Best practices